

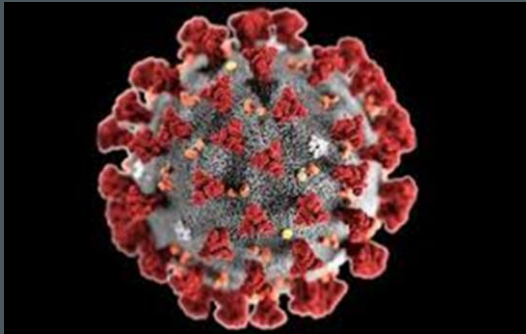
COVID 19 – INFECTION CONTROL AT HOME

LOOKING AFTER EACH OTHER THE SWEETTREE WAY



SweetTree
Home Care Services

WHAT IS COVID 19 & WHAT ARE THE SYMPTOMS



Covid 19 is a new type of coronavirus that causes respiratory illness

It can be passed from person to person from being in close contact (2 metres)

It can live on surfaces for up to 72 hours

On average symptoms appear in 5 days

For many it will be a mild illness but for those who are older with long term health conditions the symptoms can be severe

PROTECTING YOURSELF FROM COVID 19

Wash your hands after every task at home and at work.

Wash your hands when you travel in the car or on public transport

Keep washing your hands for 20 seconds

If you cannot get to soap and water use hand gel

Keep your personal items cleaned – mobile phones, handbags and clothes

Carry tissues with you

Avoid touching your face

Ask visitors to the home to do the same



WASH YOUR HANDS



CLEANING IN THE HOME



- ✓ Clean after every task – hands and surfaces
- ✓ Use household bleach and cleaners as they are effective against COVID 19
- ✓ Clean the toilet after every use
- ✓ Put tissues in the bin immediately after use
- ✓ Empty bins regularly – put in a bin bag before outing in outside bin and tie it up
- ✓ Regularly clean door handles and toilet flush handles
- ✓ Clean crockery and cutlery after every single use

IF YOU ARE UNWELL

WITH A NEW AND PERSISTENT
COUGH

A FEVER OVER 37.8

YOU HAVE SHORTNESS OF
BREATH

LOSS OF TASTE AND/OR SMELL

OTHER FLU – LIKE SYMPTOMS



- CALL THE OFFICE AND SPEAK TO THE OFFICE TEAM ABOUT YOUR SYMPTOMS
- CALL 111 OR VISIT 111 ONLINE IF YOU NEED MEDICAL ATTENTION
- SELF ISOLATE FOR 14 DAYS
- KEEP US UP TO DATE TO HOW YOU ARE



IF A PERSON IN THE HOME HAS SYMPTOMS OF COVID 19

Seek medical attention call 111



- Inform your SweetTree manager
- A risk assessment will be completed about care for your client
- You will be asked to wear gloves, aprons , masks & eye protection
- Inform any visitors not to enter unless medically required
- Ask for shopping to be left at the door



INFECTION CONTROL IN THE HOME IF A PERSON HAS SYMPTOMS OF COVID 19



- Keep the person in their room
- Keep the door closed when possible
- Wash laundry immediately
- Keep all used PPE in a rubbish bag in the room for 72 hours – double bagged and tied up before disposing
- Keep all incontinence products / tissues double bagged and tied up in the room for 72 hours before disposing
- Keep all surfaces cleaned after every task including bathrooms and door handles with antibacterial household cleaners

USEFUL REFERENCES



Latest guidance for home care

<https://www.gov.uk/government/publications/coronavirus-covid-19-providing-home-care>