



# Admiral nursing and you

## What is an Admiral Nurse?

Admiral Nurses are specialist dementia professionals who focus on the needs of family carers; providing psychological support, home and lifestyle advice, and connection to additional services. Admiral Nurses help families cope with challenges that arise along the dementia journey, including diagnosis, decisions, what support provision would best suit their needs and feelings of loss and bereavement as the condition progresses.

Recognising the important role that Admiral Nurses can play in supporting individuals and families affected by dementia, in 2014 SweetTree became one of the first home care providers in the country to be able to offer the vital service.

"The impact Admiral Nurses have on family carers is life-changing," says SweetTree Operations Director Nicki Bones. "We are delighted to be among the lucky few who can gain access to their expertise, and share this with our clients and Dementia Team."

## What can an Admiral Nurse do for you?

- Teach skills for managing at home
- Offer advice and guidance
- Undertake risk assessments
- Assist with challenging behaviour
- Connect you to relevant services
- Advise on medical and legal choices
- Liaise with other professionals
- Provide care for family carers

## Meet Rikki

SweetTree's Admiral Nurse Rikki Lorenti has over 30 years' experience in mental health care and has worked extensively with both elderly and early-onset dementia clients. As well as leading community mental health teams and in-patient wards, he has also managed independent nursing homes in Yorkshire and Oxfordshire.

"As a family, you can get past the fear," Rikki says of a dementia diagnosis. "Dementia is no reason to shrink; no reason to disappear. It is possible to live well with dementia, and it is possible for your family to live well too."



## Who was Admiral Joe?

From receiving the British Empire Medal for fire-fighting during the London Blitz, to becoming a property developer and philanthropist in his later life, Joseph Levy was so charitable and giving of his time and money that in 1976 he was awarded an MBE, and a CBE eight years later. A lifelong lover of sailing, Levy's friends and family knew him as 'Admiral Joe'.

When in 1990 Joe Levy passed away following years of vascular dementia, his family launched the Admiral Nurse initiative with Dementia UK, in answer to a need in the community for specialist dementia nursing services. Learn more at [www.dementiauk.org](http://www.dementiauk.org).

*"We've built a close relationship, a therapeutic relationship, which has enabled us to talk about those very difficult subjects"*

To find out more visit [www.sweettree.co.uk](http://www.sweettree.co.uk), call 020 7624 9944 or email [admiralnurse@sweettree.co.uk](mailto:admiralnurse@sweettree.co.uk)