



**SweetTree**  
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# Specialist support for those nearing end of life

## High quality care founded on dignity and respect

At SweetTree we offer those approaching end of life the support of specialist carers, who have the training and experience necessary to help them and their family through this difficult time.

The Gold Standard Framework Palliative and End of Life care programme that SweetTree offers enables people nearing the end of life to remain at home and to live out their final years, months or days in accordance with their wishes.

Our advance care planning allows people to be heard and to have control of their care, remaining involved for as long as they want, or are able to do so.

Our carers provide the highest quality care possible, promoting values of dignity and respect. The support and training each carer receives enables them to be able to give the best possible care, delivered in a confident and compassionate way and through the development of trusting and caring relationships.

## Support to remain at home

Many people if given the choice would wish to be able to spend their final days at home, with family and friends around them. In many cases this is possible if the correct support structures are in place.

The specialist care services we provide at SweetTree can enable clients to do this. They are designed to work alongside other care professionals and support organisations who may be involved in the process, such as GPs and the primary healthcare team, district nurses, social workers, hospices and palliative care teams.

## Meet Polly Landsberg, service manager

Polly has worked in health and social care for over 35 years' and has extensive experience in community nursing and care team leadership. With a degree in nursing and a diploma in health visiting, Polly is responsible for the day-to-day management of the palliative and end of life care service, overseeing a team of dedicated carers to ensure the consistent delivery of high quality, person-centred care.

"A main part of our role as carers is listening to people and facilitating their wishes. This helps create positive memories and dignity for all involved," said Polly. "We are able to help people bravely face the unthinkable through sensitive conversations and proactive planning at the right time."



## *Making your own decisions as a family*

At SweetTree we strongly advocate for clients and their family members to stay continually involved in the decision making process.

By keeping everyone involved at all times, our support workers and care managers can help to minimise suffering and prevent emergencies through consistent management.

It is never going to be an easy time, but it can be made more comfortable with the right support in place, delivered in the way families choose.

*"By keeping day to day living as normal as possible, we aim to help clients live well to the end of life by adding life to their days."*

To find out more visit [www.sweettree.co.uk](http://www.sweettree.co.uk), call 020 7624 9944 or email [info@sweettree.co.uk](mailto:info@sweettree.co.uk)